

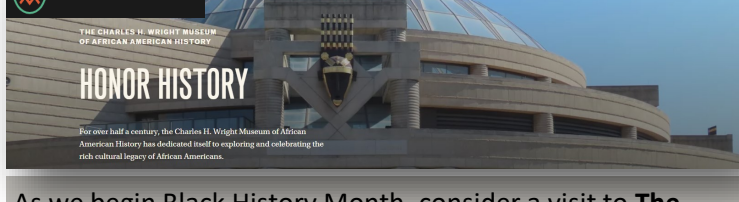
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Feb. 3, 2023

DIGITAL DATELINE

“BUILD IT LIKE WE OWN IT”



As we begin Black History Month, consider a visit to **The Wright (The Charles H. Wright Museum of African American History)**. Make sure to check out the jazz exhibit, which runs through the month of February.

Plan your visit today! @ [The Charles H. Wright Museum of African American History \(thewright.org\)](#)

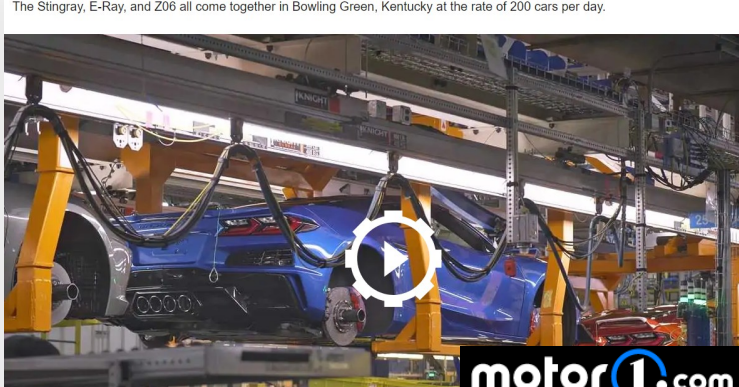


CHECK OUT THE HOT NEW 2023 CHEVROLET BOLT EUV PREMIER *The Chevy Bolt EUV is transforming the automotive landscape*

Source: By Tigner - [rollingout.com](#)

See Chevrolet Corvette C8 Get Built In Detailed Assembly Line Video

The Stingray, E-Ray, and Z06 all come together in Bowling Green, Kentucky at the rate of 200 cars per day.



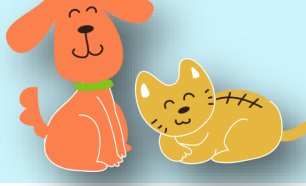
Come to the Aux. Café (during break or lunch)! We will be set up to collect donations for a Cat or Dog tag to display for the fun of it.

We will run **Jan 30th - Feb 3rd**.

All donations will be used to help purchase animal food and taken to the **Oakland County Animal Shelter**.

Thank you from the charity event and the from the Animals! ❤️

Barbara Brown
EAP/Work Family Representative



RESS (BATTERY) POSTING GM-Sub Systems

Orion's new battery operation, **Rechargeable Energy Storage System (RESS)**, is selecting its first team members to assist with launch activities. These core team members will transition into our first team leaders as we start our new production facility.

The posting will be up from **January 27th through February 6th**

After posting, applicants will need to pass a team leader test, attendance/discipline review, and interview to be considered for the position.

LifeSteps
BUILDING A HEALTHY LIFE ONE STEP AT A TIME

PORTAL REGISTRATION REGISTER AND GET A LIFESTEPS CUP & TEA

- Go to [LifeSteps.com](#) to register for the [LifeSteps](#) Portal
- Stop by the wellness table in the cafeteria on **Tuesday, January 31st** and let Riley know you registered!
- Receive your [LifeSteps](#) tumbler cup & tea

*while supplies last

www.lifesteps.com

Introducing TODD WOLSCHLAGER

810.956.7826

twolschlagler@work-fit.com

WORKfit
IS EXCITED TO JOIN GM ORION ASSEMBLY!

How will Work-Fit help you?
Todd will provide you with personal job-site coaching. He'll give you strategies to reduce your muscle fatigue, teach you proper body mechanics for your job and help you with your personal health.

NEED SOME HELP? CONTACT WORK-FIT TODAY!

WORKfit
Injury Prevention and Management for Your Workforce

Work-Fit Stretch of the Month - February

Hamstring Stretch

Procedure: Place the heel of the leg to be stretched on a chair, stool or other stable device knee high or lower. With the ankle at or close to a 90 degree angle and the knee completely straight as shown, slowly lean forward with your chest up while keeping the natural curve in the lower back until you feel a stretch in the back of the leg. It is important to keep the chest and head up when stretching to perform properly. Failure to do so will round the shoulders and lower back, decreasing the stretch. Once a good stretch is felt, hold for 15-30 seconds. Switch legs and repeat 3 times on each side. Repeat 3 times per day. Great pre-work warm-up and micro break stretch!

WORKfit



Our Union-Made Super Bowl Party Shopping Guide

SIT DOWN STRIKE CELEBRATION

Come join us in a celebration of this historic event in plant on Wednesday, February 8, 2023 at lunch time.

Column # D-38

"Over 44 days in 1936 and 1937, members of the fledgling United Auto Workers union managed to bring an auto behemoth to its knees in a sit-down strike that became one of the most decisive victories in American labor history. Exhausted by the industry's dangerous demands and sharpened by the Great Depression over 100,000 auto workers changed labor history without picketing their plant. The workers weren't on vacation, They were on strike. Instead of walking out, they simply sat down and refused to leave."