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Feb. 17, 2023

DIGITAL DATELINE

"BUILD IT LIKE WE OWN IT"

WEAR GREEN

Monday, Feb 20



In response to the tragic events that occurred at MSU on Monday, we are asking you to wear MSU gear or anything green. MSU students, faculty and staff are expected to return to campus and we want to show our support.

Please share any photos here on Facebook or with your plant teams so we can compile and share further.

For anyone interested in donating GM Cares information can be found below.

The Black Pioneers of the Automotive Industry

Whether breaking color barriers or inventing critical safety features, these are some of the Black pioneers that revolutionized the car world.

ANDREW SHELDON • JANUARY 31, 2023 • 30 COMMENTS



CHARLIE WIGGINS AND THE GOLD AND GLORY SWEEPSTAKES

Source: Andrew Sheldon - [YourAAAToday](#)

DRIVEN: 2023 CHEVROLET BOLT EUV PACKS A BIG VALUE PUNCH

Source: Jared Rosenholtz - [carbuzz.com](#)



BIDEN ADMINISTRATION ANNOUNCES EV CHARGING NETWORK STANDARDS

Source: Jonathan Lopez - [gmauthority.com](#)



All Departments are Welcome

Krewe of Orion Carnival & Mardi Gras

Mardi Gras Celebration – February 21st

2/21/23 – 10:30 am – until the end of the Parade!

Behind GA Fishbowl (C37 – D38)

Calling all Departments !!!
 Volunteer to decorate a Float or hand out candy during the PARADE!

Mardi Gras Celebration (2/21/23)
 More games, Sample a "King Cake", PRIZES and the Crowning of the "Monarch of Mardi Gras" (the person with the most points)

Interested in decorating/building a Float or taking part in the Mardi Gras Parade? Come to D37 on Feb. 15th to sign up and get more info. or contact Shanika.Hurst@GM.COM (586-260-4540)

POPCORN SALE!!!
 Tues., Feb.21st
 10 a.m.-1 p.m. Aux. Café

OAKLAND COUNTY ANIMAL CONTROL & Pet Adoption Center



The Shoemobile is Coming!

Time for new boots or shoes?

We're bringing our Saf-Gard mobile retail store directly to your facility!

The Saf-Gard Shoemobile is coming to your location fully stocked with your favorite brands, styles, and sizes — all of which are approved for your work environment. Shop, get professionally fitted by our experienced Mobile Store Manager, and buy your new shoes on-site!

YOUR UPCOMING VISIT:

GM LAKE ORION ASSEMBLY STORE
 LAKE ORION MI

2/21/2023
 10:00 AM to 5:00 PM



1974 CHEVROLET CORVETTE BARN FIND GETS FIRST WASH IN 34 YEARS

With the help of a team of experts, this classic Corvette has been given a new lease on life.

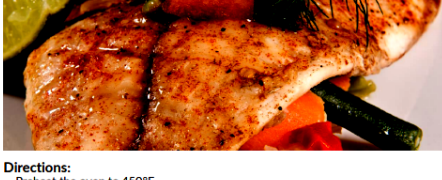
Source: Jacob Oliva - [motor1.com](#)

HEALTHY BITES

Sheet Pan Tilapia and Vegetable Medley

Servings: 2
 Ingredients:

- Nonstick cooking spray
- 2 medium Yukon Gold potatoes, cut into wedges
- 3 large Brussels sprouts, thinly sliced
- 3 large radishes, thinly sliced
- 1 cup sugar snap peas, cut in half
- 1 small carrot, thinly sliced
- 1 tablespoon oil
- ½ teaspoon garlic powder
- ½ teaspoon ground black pepper
- 2 (6-ounce) tilapia fillets
- ½ teaspoon dried tarragon
- 2 teaspoons salt, softened
- 2 teaspoons wedges (optional)



Directions:

1. Preheat the oven to 450°F.
2. Line a rimmed baking sheet with foil. Spray the foil with cooking spray.
3. In a large bowl, add the potatoes, Brussels sprouts, radishes, sugar snap peas, carrot, oil, garlic powder, and black pepper. Toss to combine.
4. Transfer the vegetable mixture to the prepared baking sheet in a single layer.
5. Bake until the potatoes are tender, about 20 minutes.
6. Remove the baking sheet from the oven, then preheat the broiler.
7. Push the vegetables to one side of the baking sheet, then add the tilapia to the other side.
8. Sprinkle the fish with the tarragon and salt, then dot with the softened butter.
9. Broil 4-5 inches from the heat until the fish flakes easily with a fork or until a thermometer placed in center of the thickest part reads 145°F, about 5 minutes.
10. Serve warm, with lemon wedges if desired.

Source: U.S. Department of Veterans Affairs Sheet Pan Tilapia and Vegetable Medley Accessed November 28, 2022
 Recipe Source: Canada

HEALTHY U

Did you know?

Physical activity is one of the most effective tools for strengthening the heart muscle.

