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Nov. 2, 2022

DIGITAL DATELINE

“BUILD IT LIKE WE OWN IT”

ORION TEAM MEETING MESSAGE:

I want to thank everyone for helping make the Chevrolet Bolt EV and EUV a success in the marketplace. Demand for both cars is increasing, as was evident in the record sales recorded in the third quarter and the ongoing pressure to get more vehicles to customers before the end of the year.



Since we are only working three days next week, we will implement a provision within the local agreement and will cancel the team meeting on Nov. 9 to close the production gap as much as possible.

I know how important the team meetings are for you and your colleagues. These meetings are a critical forum for addressing safety, production, and other issues. We will continue to leverage our other communications channels to get work-related information to you in a timely fashion. Additionally, there is no change planned for the team meeting on Nov. 23, which will allow your teams to celebrate Thanksgiving before the long holiday weekend.

Between the current Bolt production and the upcoming Silverado and Sierra EV production, Orion is playing a key part in GM’s growth strategy and efforts to attain an all-electric future. For that, I want to thank you for your dedication and support as we focus on our customers in this fast-changing industry.

Finally, please take advantage of your time off next week to vote on Tuesday and remember our veterans on Veteran’s Day.

Thank you and have a great day.

Reuben Jones
Orion Assembly Plant Director



SIGNING DAY: Accompanied by members of the **UAW Local 5960 Bargaining Committee**, Plant Director **Reuben Jones** and staff, **Breanna Dean** accepted a **UAW/GM Skilled Trades Apprenticeship** as an electrician yesterday, Tuesday, Nov. 1. **Breanna** successfully completed the **STARC** program (**Skilled Trades Readiness Certificate**) which consists of multiple required courses offered through a partnership with **UAW/GM & Penn Foster College**.

If you or anyone you know are interested in becoming a UAW/GM skilled journeyman through apprenticeship click any of the links in blue or contact warren.white@gm.com

Congratulations Breanna!

GM

GM: All American sites will be powered with renewables by 2025

Kalea Hall
 The Detroit News

Published 11:43 a.m. ET Oct. 26, 2022

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General Motors Co. said Wednesday that based on current projections, it will be able to power all of its U.S. sites with renewable energy by 2025 — five years ahead of its previous target of 2030.

The automaker announced last September it would push to source all renewables for U.S. sites by 2025 after saying it would do so by 2030 in January 2021.

GM has sourcing agreements from 16 renewable energy plants across 10 states, the automaker said.

GM has a list of other climate commitments, including becoming carbon neutral by 2040 with its products and operations and going all-electric with its vehicles by 2035.

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The Detroit News



GM WILL INCREASE CHEVY BOLT PRODUCTION BY NEARLY 60% IN 2023

Source: Todd Lassa - autoweek.com

RECON LAUNCHES GMC HUMMER EV AWD EBIKE

Source: Jonathan Lopez - gmauthority.com



Driving My Wellness

November 2022 Building a Healthy Life, One Step at a Time

Prediabetes



Diabetes is a condition that occurs when blood glucose, also called blood sugar, is too high. Prediabetes, a condition that can come before diabetes, means your blood sugar levels are higher than normal but not high enough to be diagnosed as diabetes.

Insulin resistance, another symptom that can come before diabetes, is when the cells in your body do not respond properly to the hormone insulin by removing glucose from your blood, causing elevated glucose levels.

Approximately 84 million Americans have prediabetes, of those 80% are unaware they have it.

Ways to Prevent or Reverse Insulin Resistance and Prediabetes

Managing Weight

Excess weight, especially in abdomen around the organs is a main cause of insulin resistance. Managing and maintaining a healthy weight can reduce the risk of developing insulin resistance.

Physical Activity

Not getting enough physical activity is linked to both insulin resistance and prediabetes. Regular physical activity can cause changes in your body that can keep your blood glucose levels under control.

What's Happening in the LifeSteps Portal

Daily Habits - Diabetes

Keeping track of your meals, movement, medication and Diabetic screenings can significantly improve your well-being.

This plan is designed to help you manage your Diabetes by focusing on several activities that can have a critical impact on your health.



Scan the QR code to get started in the LifeSteps Portal today

Source: National Institutes of Diabetes and Digestive and Kidney Diseases. Insulin Resistance & Prediabetes. <https://www.niddk.nih.gov/health-information/diabetes/overview/what-is-diabetes/prediabetes-insulin-resistance>. Accessed 09/01/2022
 AACE/ACEA Executive Summary for the American Association of Clinical Endocrinologists and American College of Endocrinology on the Comprehensive Type 2 Diabetes Management Algorithm—2020 Executive Summary. 2020 Executive Plan for 2020. <https://www.aace.com/disease-state-resources/diabetes/clinical-practice-guidelines-treatment-approaches/comprehensive>. Accessed 09/01/2022.

This information does not provide medical advice, diagnosis or treatment. It should not be used as a substitute for health care from a licensed healthcare professional. Consult with your healthcare provider for individualized treatment or before beginning any new program.